Regional overview

In 2020, the burden of non-communicable diseases (NCDs) was highest in Eastern Europe and the Mediterranean region, with a lower burden in Western Europe. The report provides a comprehensive overview of the region’s epidemic, highlighting trends in response and the financial implications of the crisis. It underscores the importance of strengthening health systems and promoting health promotion and prevention initiatives.

Population overview

The report presents data on the distribution of NCDs across the European region, showing that cardiovascular diseases and diabetes are the leading causes of death. It also highlights the impact of COVID-19 on mental health and the importance of mental health promotion and support services.

Trends in response

The report provides insights into the response to NCDs in the region, emphasizing the need for sustained investment in primary care and the importance of multi-sectoral approaches to address the determinants of health. It also highlights the role of technology in improving access to care and the importance of community engagement in health promotion.

Financial overview

The report presents data on the economic burden of NCDs, showing that the costs associated with care and loss of productivity are significant. It also highlights the potential savings through investments in prevention and early detection strategies.

Multinational monitoring results

The report includes results from multinational monitoring activities, showing the effectiveness of interventions and the need for further research and development. It also highlights the role of international cooperation in addressing the global health challenges.